

# FAQs

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## Who can join?

iDove Network members.

## What is peer mentorship?

A structured, mutual learning relationship between two people in a similar field. Both give and receive support as equals—sharing skills, problem-solving together, and widening networks.

## How long is the programme?

Meet with your peer mentor twice a month for 3 months. You and your partner choose the days/times. After 3 months, you can decide together whether to continue.

## What's the time commitment?

- One 2-hour virtual orientation (multiple date & times offered)
- 6 meetings with your peer mentor (60–90 minutes each, bi-weekly)
- Light notes after each session (a short paragraph)

## Is orientation required?

Yes. Orientation includes a brief skills training and prepares you for matching.

## How are matches made?

We consider what each person wants to offer and receive, then align pairs so skills and needs complement each other. We also factor in your goals, experience, language, and time zone.

## What will we talk about?

You'll co-design sessions with your peer mentor based on your goals. Common topics include relationship building, goal setting, problem solving, and creating action items.



Mentorship Programme



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## What tools do you provide?

The iDove Mentorship Programme Handbook: peer-mentorship overview; format & commitments; Code of Conduct & Safeguarding; guidance on goals, norms/boundaries, and scheduling/communication (incl. faith calendars & accessibility); how to craft a one-page mentoring agreement; sample activities & prompts; and instructions for brief session notes.

## What if my match isn't a fit?

After your first two meetings, you may request a rematch—briefly explain what didn't fit so we can improve.

## How is data handled?

We collect minimal information for matching and programme learning. Data is stored securely and used only for this programme.

## What are the code of conduct expectations?

Engage with curiosity and care across differences; use civil, nonviolent language; de-escalate conflict; honor boundaries and time; safeguard data; maintain appropriate confidentiality; escalate any risk of harm to the Secretariat (do not handle alone).

## What are the safeguarding policies?

- Do no harm: be mindful of power, identity, and context.
- Clear limits to confidentiality: escalate if there is risk of harm to self/others.
- Digital safety: use secure platforms; avoid sharing sensitive personal data.

## Can I withdraw?

Yes. Please inform your peer and the Secretariat so we can close the loop respectfully



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